

Mahatma Gandhi Vidyamandir's
Loknete Vyankatrao Hiray Arts, Science & Commerce College, Panchavati, Nashik -03.

PG Department of Psychology & Research Centre

Seminars/Conferences/Webinars organized by the Department

Academic Year 2021-2022

State Level Webinar on Beautiful Mind (23rd February, 2022)

Department of Psychology organized a state level webinar on 23rd February, as a part of Loknete Vyankatrao Hiray Lecture series. More than 125 participants across the state participated in the webinar. The Practicing Psychologist and Trainer from Annasaheb Dange Engineering College, Sangli, Shri. Kapil Lalit was the main speaker. In his speech, he covered various psychological concepts about how to maintain the beauty of the mind. He discussed concepts such as how to accept feedback from others, how to create a growth mindset by keeping a fixed mindset, optimistic thinking and how the mind be kept healthy.

On this occasion, Hon'ble Prin B S Jagdale, the Trustee of Mahatma Gandhi Vidya Mandir presided over the function. In his presidential address he explained about the importance of psychological concepts in today's social life and keeping mind healthy. He appreciated the efforts of the PG Department of Psychology and Research centre for organizing this webinar. The Head of the Department of Psychology as well as the IQAC Coordinator and Dean Humanities Mahatma Gandhi Vidya Mandir Prof Dr Mrunal Bhardwaj in her welcome speech elaborated on the concept note of the theme of the Webinar. She talked about the Quality of life and importance of Emotional literacy for making our life beautiful.

The webinar was compered by Dr Yogesh Wankhede and the vote of thanks was extended by Ashwini Patil. Around 125 participants across the state attended the webinar. Dr Vinit Rakibe, HR supervisor, Bhushan Chakor, all the Faculty members of the department of Psychology, D K Konnor, Sarita Adhale, Nimra Pathan, Komal Shinde, Dr Irfan Khan, Subhash Mandwade contributed in the successful organization of the webinar.



M. G. Vidyamandir's
Loknete Vyankatrao Hiray Arts, Science and Commerce College
Panchavati, Nashik-03
(Reaccredited with A grade, Recipient of Best college award by SPPU)

Golden Jubilee Year 2021-22



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GOLDEN JUBILEE YEAR
1971-2021



Mr. Kapil Lalit
Practicing Psychologist, Annasaheb Dange College of
Engineering and Technology, Mind Matters Psychological
services, Sangli

❖ **Loknete Vyankatrao Hiray Lecture Series**

Purpose:
VARIOUS IDEOLOGIES AND PHILOSOPHY

Subject:
BEAUTIFUL MIND



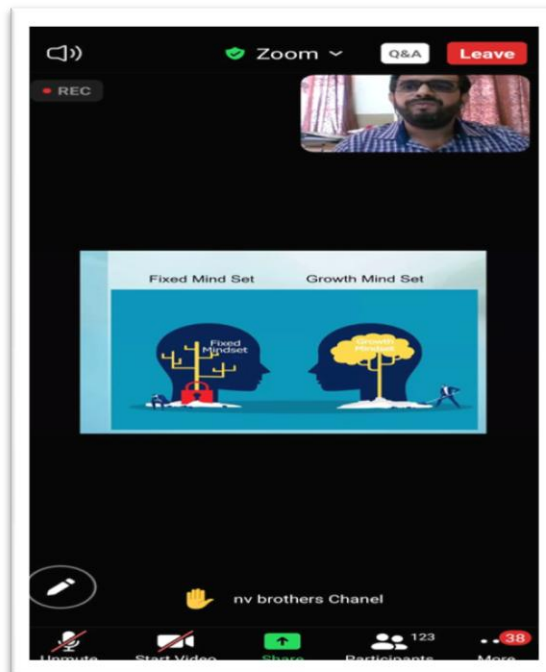
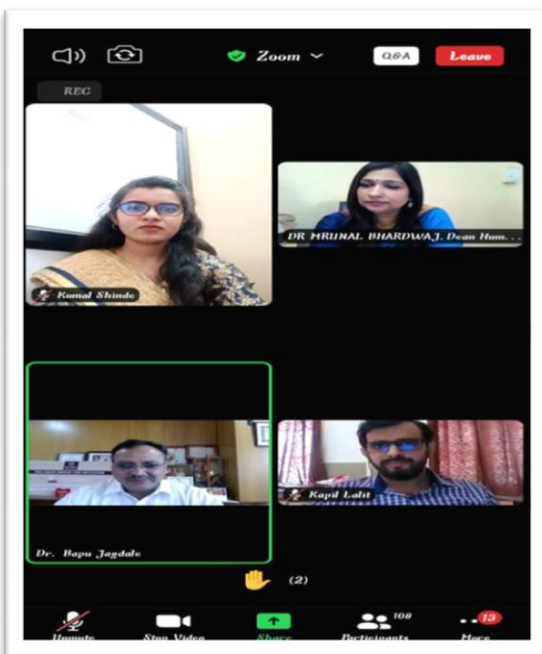
Day: Wednesday
Date: 23/02/2022
Time: 11.30 am Onwards

Public Relations Department
M.G. Vidyamandir, Nashik

Dr. M. A. Bhardwaj
Dean Humanities M.G. Vidyamandir,
IQAC Coordinator, HOD Psychology Department

Dr. B. S. Jagdale
Principal, Trustee, M.G. Vidyamandir

Dr. Yagita Apoorva Hiray
Chairperson, CDC



Caption: Prof Dr Mrunal Bhardwaj in her welcome speech elaborated on the concept note of the theme of the Webinar. She talked about the Quality of life and importance of Emotional literacy for making our life beautiful.